

SAGAR MANTHAN



RCC Sagar Team 2025-26

Shobana Ravi Raman - President

Lakshmi PK - Secretary

Renyha Kalyan - Treasurer/Youth Service

T Suresh Babu - CLF

SN Srikanth - Club Service

S Balaji - CSD

Biju Narayanan - CSD Health

VC Padma Priya - Vocational Service

Sukumar Dinesh - International Service

Priya Rajshekhar -

Membership/Environment

Rudradev Raman - Public Image

Deepa Aravind - DEI/Women

Empowerment

Sundaresan - Polio Plus/Literacy

Manikandan Paramisivam - Sergeant-at-arms

Lakshmi PK - President Elect

Biju Narayanan - President Nominee

From the President's Desk..

Rotary Greetings!



Hope you all had a lovely Deepawali!
Time to get back in shape and not look at sweets for sometime!

RC Chennai Sagar had a fruitful October with a range of projects that gave the members much satisfaction during the festive season.

We were fortunate to have a visiting Rotarian from Germany, who actively participated in some of our projects, and was very impressed with Rotary in Chennai.

The two major events of Rapid Chess and Aasan Awards was very successful, along with on-going health camps with Southern Railways, and a visit to a Special School in Tiruvallur was special.

The participation of many Club Presidents for the cycle distribution at Placepalayam was the highlight of the month!

World Polio Day was another important message we shared with the public.

The winners from Sagar during the Golu event was exciting and gave the members much to talk about!

All in all, a busy month with varied and diverse projects!

Shobana Ravi Raman



GOLU – COLORFUL SUCCESS

The District Golu event was a vibrant and colorful event held at MGR Janaki College. Headed by Chairperson Sripriya, her team presented a beautiful montage of Navaratri celebrations! RC Chennai Sagar was one of the clubs that contributed for the event. From the divine Balaji at the entrance, to the serene Durga and Ambal on the swing, and the lovely Krishna near the auditorium entrance, it was well thought out and gave every one a peek into some of the traditional ways to celebrate the auspicious 9-day festival.



Beautiful decorations gave the authentic touch to the festival that honors the Goddess, and gave all the visitors many photo ops!

Grand welcome was accorded to the DG and Usha ji, and all District officials who came for the event.



The unique Golu event had an array of performances by different artistes.

The group dance by young girls was impressive, the carnatic music recital, the dance performance by a male artist, group bhajan, the interesting Navaratri quiz – they all added to the lively flow of events that kept the audience engaged.

A very interesting Prasadam competition was one of the many highlights of the event. Culinary celebrity Mrs. Mallika Badrinath was the judge for the same, and she was very appreciative of the variety and standard of the dishes.

RC Sagar was excited with our member Rtn Ragini Srikanth winning the second prize for the Savoury Prasadam category!



To add to the excitement, our member Rtn Priya Rajshekhar won the First prize for Golu! A cash prize of Rs 25000 and Go Colors voucher for Rs 2000 was presented to Rtn Priya.



The Golu was presented as a video to the District Golu committee, which was shared with the judges, Mrs Yogambal Sundar and Mrs Malini Rajesh, who then shortlisted 8 entries. They personally visited all the shortlisted Golus, before deciding the winner list.

The Annettes also were given themes for Golu presentation with 3 final winners!

A great way to encourage such traditional festival participation!

President Rtn Shobana participated in a Kolattam dance with co-Presidents and First ladies of clubs. It was a lovely performance with much appreciation from the audience!



A traditional Kanya Puja was also done, with DGN Vijayabharati and Rtn Bharati Saravanan joining in the small celebration of young girls as Devi swaroopam.



Ceremonial manjal-kumkum sandanam, poomaalai, clothes, and aarati was done.

Annette Priya chanted slokas during the puja.



The District Golu Committee executed a fantastic Golu event that saw a lot of Firsts, and set the benchmark high!

Special mention to Rtn Madhupriya and Rtn Michelle for their tireless efforts to ensure the event was flawless and wonderfully presented!

A great opportunity for Presidents to come together and work as a team!

Kudos to Chairperson Rtn Sripriya once again!



DISTRICT DIWALI PARTICIPATION



The District Diwali event spearheaded by RC Magnum, was a celebration of the festival of lights in its true form! With the many game kiosks, the Ganga Aarti, dandiya and a never-ending spread of food, the event had non-stop entertainment and had something of interest for every one who attended the event.

The highlight was the lucky draw which saw many winners which had prizes that included diamonds and gold! Truly an event to remember and cherish!



HEALTH MELAS

Mammo Mobile Medical Camp Report -
 Basin Bridge, Southern Railways on
 08/09/25

● Total Consultations: 110

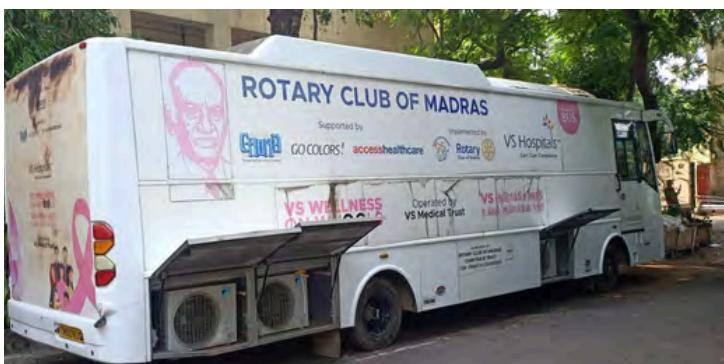
Blood Test : 109 PSA: 28

Papsmear : 16

Mammogram : 14

Dental : 88

Thermal : 3



A Multi purpose Health camp was conducted at Car Shed Velachery in association with Madhav Diabetes Center

Total beneficiaries - 67

Old Diabetes - 9

Hypertension - 5

New Hypertension - 03

New Diabetes - 01

Neuropathy Detected- 01



CANCER SCREENING FOR ALL

Organized by Rotary Club of Chennai Sagar



IN ASSOCIATION WITH VS MEDICAL TRUST FOR BREAST SCREENING, CERVICAL EXAMINATION, PROSTATE (MEN), BLOOD SUGAR, LIVER, KIDNEY, HIGH BLOOD PRESSURE AND DENTAL EXAMINATION

Chief Guest

Rtn Shobana Raviraman
 President RCC-Sagar

DATE 08/10/25

TIME : 09.00 - 2 PM

VENUE - RAILWAY COACH CLEANING CENTRE, BASIN-BRIDGE, CHENNAI

RC Chennai Sagar's continuing association with Southern Railways saw a cancer screening camp for both men and women, in collaboration with VS Medical Trust. Their mobile testing van was available at the venue.



SPECIAL DIABETES SCREENING

Organized by Rotary Club of Chennai Sagar
 IN ASSOCIATION WITH MADHAV DIABETIC CENTRE FOR SCREENING OF HbA1C AND FOOT NEUROPATHY CHECK-UP



CHIEF GUEST

A. RAMACHANDRAN - DEE/VLCY

DATE

8th OCTOBER, 2025

TIME

9 AM - 2 PM

Venue: Railway - Car shed, Velachery

960 RAPID CHESS TOURNAMENT

The Second 960 Rapid Chess Tournament conducted by RC Chennai Sagar, along with RC Chennai Serenity, and supporting clubs RC Chennai Vikas, RC Meenambakkam and RC Chennai Triumph, was a huge success!

The Tournament was conducted at The Clarke School for Special Children, Mylapore, and FOUR of their special students participated in the event and enjoyed themselves!



There were a total of 73 registrations across categories of age, almost double from the First edition last year!

The Rapid Chess style is a bit different from the conventional Chess game and some of the children learnt something new that day. The cooperation of the children and parents saw a smooth conduct of the event.



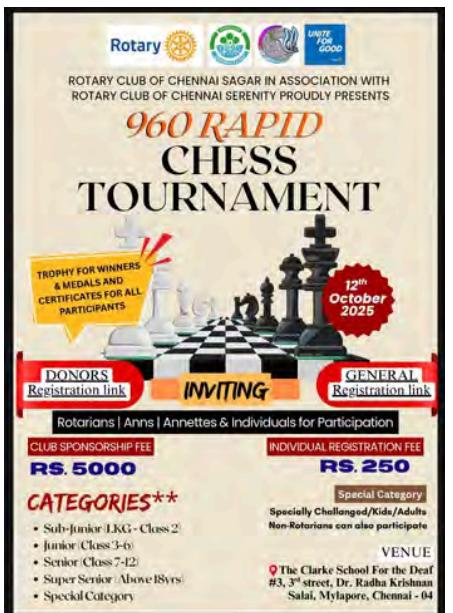
The participation and support of Co-Presidents was heartening and made the event more fun! Their presence added to the spirit of the tournament.



A Big Thank you to RC Meenambakkam, RC Chennai Serenity and RC Chennai Triumph for their continued support for this Tournament!

And a hearty welcome and Thank You to RC Chennai Vikas for their support and participation this year!





All the participants were given a medal and certificate of participation, along with their school names, along with juice, biscuits and water through their event.

The Top 3 Winners were given a trophy also.

Gratitude and appreciation for Mr. Magesh, International Coach and FIDE Arbiter, and his team of Arbiters, who continue to support us for the smooth conduct of the Chess Tournament.



FRIDGE CONTRIBUTION

A fridge was contributed to Life Aid Centre, Tiruvallur, for their residential school for Intellectually Challenged children. This request came so that they can keep perishable food items stored for longer period of time.



There was much excitement among the children at the school. We were fortunate to meet with all the Special children being taken care of there, including the deaf students, and some of the parents of the Special children. The passionate teachers are doing an amazing job, and so do the other staff who help in all ways possible. All photographs were taken by a special staff member who could use only his left arm.



RCC Sagar German guest also accompanied President Shobana on the trip. Rtn Chistina was very touched by the children there, and was amazed with the way everyone adjusted to what was available in that small premises.

A big Thank You to President Rtn Dr Nabin of RCC Nandavanam for the opportunity, and to RC Mambalam and RCC Evergreen for supporting this contribution.

ROTARIAN GUEST CHRISTINA OTTE FROM D1940, GERMANY

I spent ten unforgettable days in the City of Chennai, where I stayed with my friend Shobana and her family.

I met her for the first time at the Rotary International Convention in Calgary, Canada this year and I liked her immediately. During our conversation we found out that she is President of her club this year and I'll be president of my Rotary Club Berlin-Friedrichstrasse in Germany next year. We had many topics to discuss!

I arrived on October 7th and she picked me up at the airport. The weather was quite humid, but the warmth and hospitality of the people more than made it up for it. During my stay, I tried a variety of local vegetables and spices. The food was delicious, although quite spicy compared what I am used to!

One of the highlights of my trip was visiting several Rotary projects with Shobana. I was deeply impressed by her dedication and all that she does to help people in her community.

One of the projects we visited was a school for children with disabilities in Chennai, The Clarke School for the Deaf in Mylapore, where a Rapid Chess Tournament was being held by the Rotary Club of Chennai Sagar. It was wonderful to see the enthusiasm and joy of the students who came from the neighbourhood to play with the pupils of the school. A very good project to bring people together. Another project took us to a similar school in a suburb of Chennai, where a new refrigerator was inaugurated – a small but very important improvement for the schools' daily needs. Madras Teresa Memorial Residential Special School relies on donations. Examples of a very good volunteer work and for the cooperation of different Rotary Clubs in Chennai.

Overall, my trip to India was an enriching experience. I not only discovered a new culture and cuisine but also witnessed inspiring examples of compassion and community service. I'm very grateful to Shobana and her family for her hospitality and for showing me a side of India I will never forget in my whole life.

Freundliche Rotarische Grüße

Christina Otte

Rotary Club Berlin-Friedrichstraße

President elect 25/26, District 1940

AASAN AWARDS

RC Chennai Sagar got a unique opportunity to partner with RC Madras North (D3233) and RC La Vallette Malta (D2110) to honour and extend our appreciation to Special Educators across Tamilnadu.

RC Madras North have been hosting the Aasan Awards to recognize Teachers, for a few years now, and this year it was decided to focus on Special Educators as their contributions sometimes gets clubbed with others despite their extra challenges and efforts.



The Awards function was graced by Mr. Shailendra Singh, representing the State Government Department for Disabled Persons, and he outlined the continued support from the administration for NGOs and special children. He extended his appreciation and greetings to all the Special Educators who were to be felicitated.

There were 57 awardees for the Aasan Awards 2025, and some were from Madurai, Salem, Arakkonam, giving the Awards a wide reach. It was heartening to meet some of the Awardees who were passionate about their work, and some due to their own personal circumstances that they are now ensuring others get better opportunities and visibility. Actor Krisha was present as a special guest, and the Awardees were excited to share the stage with a celebrity!



The Chief Guest was DG Dev Devendran from D3233, and he appreciated the Special Educators for their selfless service, often dedicating their lives towards the upliftment of special children and their community.

Rtn Edward Fenech from D2110 Malta, explained that he was a dyslexic himself, and he has made several visits to India since the tragic tsunami that hit the East coast of India. He has since dedicated time for Special Children through various organizations and contributions of learning kits.

The event was covered by the media, and Raj TV captured the event in their news segment. An event to remember in RC Chennai Sagar!

CYCLES FOR SCHOOL STUDENTS

RC Chennai Nandavanam initiated a great project – Gift of Mobility – cycles for Government School students in the villages of Placepalayam and Allikuzhi, about an hour from Tiruvallur. The area has limited public transport services with bus coming only 3 times a day, making travel a challenge for many in those areas, especially for students looking to keep time.

The project brought together about 25 Clubs in our District, RC Chennai Sagar included, and it was an amazing collaboration that demonstrated the theme for the year - Unite for Good - true testament to Rotary's endeavour to support education!



This unique opportunity initiated by RC Chennai Nandavanam was a great chance to see firsthand the practical requirements on the ground, and how much it can positively change a life for the better!

The Head Masters of the 2 Govt schools from Placepalayam and Allikuzhi, were truly appreciative of Rotary's gesture and appealed for more such assistance. Explaining that these villages were not exposed to much, they were passionate about the children being given every possible opportunity for their brighter future, with related issues being updated to the District officials and Club members. RC Chennai Sagar members extends its appreciation for this project.



அரசுப் பள்ளி மாணவர்கள் 100 பேருக்கு மிதிவண்டிகள்

திருவங்குள், அத்திருவங்குள் அரசுப் பள்ளியில் முதலாவது மாணவர் மாணவிகள் 100 பேருக்கு பிரைட்டரி கிடைப்பது வழி விடுதலை நடத்த விரும்பினார்கள் அதைப் பொறுத்து விடுதலை நடத்த விரும்பினார்கள்.

பிரைட்டரி பிரைட்டரி மிதிவண்டிகளை நடத்தி விடுதலை நடத்த விரும்பினார்கள் மற்றும் பிரைட்டரி மாணவர்கள் 12-14 மிக உள்ள மத பிரைட்டரி விடுதலை நடத்த விரும்பினார்கள் அதைப் பொறுத்து விடுதலை நடத்த விரும்பினார்கள் அதைப் பொறுத்து விடுதலை நடத்த விரும்பினார்கள்.

திருவங்குள் பிரைட்டரி மிதிவண்டிகளை நடத்த விரும்பினார்கள் முதலாவது மாணவர் மாணவிகள் நடத்த விரும்பினார்கள் முதலாவது மாணவர் மாணவிகள் நடத்த விரும்பினார்கள்.



மாணவர்கள் பிரைட்டரி மிதிவண்டிகளை நடத்த விரும்பினார்கள் முதலாவது மாணவர்கள் 100 மிதிவண்டிகள் வழங்கப்பட்டன.

WORLD POLIO DAY

Our District 3234 observed World Polio Day on 24th Oct 2025, a flagship program of Rotary, along with many participating clubs across Chennai Metro Rail network, in seven Metro stations. RC Chennai Sagar participated in the event at Saidapet Metro station, in order to reach out to commuters through interactive awareness session with Chennai Street Music Band, Posters and pamphlets.



The event aimed at educating the public about ongoing vaccination efforts by Rotary and the importance of remaining vigilant until Polio is eradicated completely across the world.

Our members Rtn Sundaresan and Rtn Biju Narayanan led the efforts with great enthusiasm!

Here's to a Polio Free world!



This edition is designed and executed by

Rtn Shobana Ravi Raman

Additional inputs from Rtn Biju Narayanan, Rtn Sundaresan and Rtn Lakshmi PK



This bulletin is only for Rotary related news, and RCC Sagar member contributions. Any queries or suggestions, preferably positive ones to be kindly directed to rccsagar2019@gmail.com